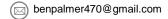


Benjamin Palmer MSc, BSc

Experienced international 470, dinghy, keelboat and offshore sailor. Founder and inventor at SailAI



1 +447821890281

12 Ardmay Gardens, Surbiton, London, UK

Certificates, fitness & health

- ✓ 2019 RYA VHF course
- ✓ 2018 & 2023 RYA/ World Sailing Sea Survival training
- ✓ 2018 RYA Yacht Master Theory
- ✓ 2022 RYA Coastal Skipper
- ✓ 2009 RYA Power Boat & RYA Coach Level 2

- ✓ 2019 Red cross first aid
- ✓ 2012 UK Offshore Medical
- ✓ No health issues and do not get sea sick
- ✓ Fit & strong competing in triathlons and marathons

Experience

Offshore sailing: > 3000nm cumulative

- 2023 RORC Fastnet Race (650nm), Sunfast 3300, 6th IRC 2 & 8th IRC 2H Skipper
- 2023 RORC Morgan Cup (110nm), Sunfast 3300, 6th IRC 2 & IRC 2H Skipper
- 2023 RORC De Guingand Bowl Race (110nm), Sunfast 3300, 10th IRC 2 & 12th IRC 2H Skipper
- 2022 RORC Channel Race (160nm), Sunfast 3300, 5th IRC 2 & 6th IRC 2H Skipper
- 2019 Classe Mini 6.50 Fastnet Race (600nm) 39th Skipper
- 2018 Classe Mini 6.50 double handed race, Barcelona to Marseille (200nm) 1st line honors & Serie class – Skipper
- 2016 Makinac race, 300nm,40-footer 4th in class watch captain.
- 2013 Giraglia Rolex Cup feeder race (150m), open 40 trimmer
- 2012 I competed in the Giraglia Rolex Cup, J109, (300nm) 6th in class trimmer

Inshore & Dinghy Sailing: Successful across multiple disciplines

- 2021 Endeavor Trophy (Champions of Champions) 2nd (helmsman)
- 2017 RS200 UK Nationals 1st helmsman
- 2016 &17 Antigua Race week on Kialoa III (70ft maxi) 2nd & 1st respectively primary trimmer
- 2015 Etchells Youth Team trials 1st Skipper and team captain
- 2015 Etchells Bedrock Trophy 1st (first youth team to win)
- 2015 Cowes Week (Etchells) 2nd
- 2015 Etchells National Championships 11th
- 2015 & 21 Thames A Rater National Champion (1s), 2016 & 21 Queens Cup winner (helmsman)

RYA Pathway: Successful from junior to Olympic sailing, raced 420s & 470s

470 Olympic Development Squad 2010-2012, achievements:

- 2010 470 French Nationals 1st (helmsman)
- 2011 470 Open Europeans at Helsinki 47th (helmsman)
- 2010 470 Junior Europeans in La Rochelle 11th (helmsman)
- 2011 Palamos Christmas Regatta 5th (helmsman)

420 British Youth Squad:

- 2009 420 Open World Championships, Lake Garda 3rd (helmsman)
- 2009 420 Youth Championships & Selection Series 2nd (helmsman)